


May 2023



Please tell your friends and neighbors about our programs. We would love to serve them!

Nutrition Program Number 304-233-2350x 110-- Drop us a note about our service

DUE TO WEATHER, STAFFING, AND FOOD ITEM AVAILABILITY --- MENU IS SUBJECT TO CHANGE. PLEASE DO NOT GIVE AWAY ANY OR REFUSE FROZEN MEALS OR BOXES. THESE MEALS SHOULD BE USED WHEN WE ARE NOT ON A REGULAR DELIVERY SCHEDULE.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Turkey w/gravy Wheat Bread Mashed Potatoes Mixed Vegetables Orange Milk	2	Ham Cornbread Soup Beans Apple Milk	3	Steak Burger Wheat Bread Baby Bakers Green Beans Orange Milk	4	Fish Filet Macaroni & Cheese Broccoli Banana Milk	5	Steak Hoagie on a bun w/onions & peppers Peas & Carrots Orange Milk
8	Meatballs / Gravy Wheat Bread Mashed Potatoes Peas & Carrots Orange Milk	9	Chicken Tenders wheat bread Broccoli Green Beans Apple Milk	10	Fish Sandwich on a Wheat bun Mixed Vegetables Macaroni & Cheese Banana Milk	11	Salisbury Steak Wheat Bread Scalloped Potatoes Carrots Apple Milk	12	Boneless Chicken Breast Wheat Bread Mashed Potatoes Brussel Sprouts Orange Milk
15	Chicken Breast Wheat Bread Mashed Potatoes Mixed Vegetables Orange Milk	16	Turkey Sandwich Wheat Bread Cheese Beets Applesauce Milk	17	Meatball Sandwich bun Mashed Potatoes Peas & Carrots Banana Milk	18	Beefaroni Wheat Bread Broccoli Banana Milk	19	Breakfast for Lunch Omlet w/ Cheddar Cheese Turkey Sausage Seasoned Potatoes Cinnamon Apple Milk
22	Hot Dog on a bun Chili meat sauce Orange Milk	23	Pork Cutlet wheat bread Mixed Vegetables Carrots Apple Milk	24	Sloppy Joes on a bun Redskin Potatoes Broccoli Banana Milk	25	Baked Ham Wheat Bread Sweet Potatoes Brussel Sprouts Orange Milk	26	Festive Meal Cheeseburger on a bun Carrots Baked Beans Apple Milk
29	Closed 	30	Chicken Tenders wheat bread Peas & Carrots Mashed Potatoes Apple Milk	31	Meatloaf Wheat Bread Scalloped Potatoes Mixed Vegetables Banana Milk				